

# AWAKEN YOUR INNER HEALER

QUALIFIED REIKI CERTIFICATION COURSES

GROUP TRAININGS | PRIVATE TEACHINGS  
MALLORCA | ONLINE

# AMODINI



## **DISCOVER THE POWER OF REIKI**

A JOURNEY OF HEALING, BALANCE, AND TRANSFORMATION.

Reiki is a Japanese energy healing technique that supports the body's natural vitality. It works holistically, harmonizing the physical, emotional, mental, and spiritual levels. Its benefits include stress relief, better sleep, reduced pain, and a profound sense of well-being.

Reiki is not just a healing practice—it's a transformative journey of self-discovery. As you learn Reiki, you connect deeply with your inner self, unlocking new levels of balance, clarity, and energy. It provides a space for personal growth, allowing you to heal within and, eventually, extend that healing to others.

## **A PERSONAL JOURNEY OF HEALING AND TEACHING**

HOW REIKI TRANSFORMED MY LIFE AND INSPIRED ME TO GUIDE OTHERS.

I first encountered Reiki at 16, inspired by my friend's mother. Years later, I embarked on my own learning journey, studying with teachers in India and around the world. Over the past decade, I've guided hundreds of clients and students on their Reiki path. Reiki is not just something I teach; it is an integral part of how I live my life and connect with others.

Reiki is deeply personal, and finding the right teacher is essential. I invite you to connect with me or my former students to ensure our energies align. Together, we can explore this transformative journey.

**BETTINA MAUL (AMODINI)**  
**REIKI MASTER & TEACHER**





## YOUR REIKI CERTIFICATION JOURNEY

Guiding you step-by-step into self-discovery and healing power. My teachings honor the authentic roots of Reiki while incorporating modern approaches to healing.

### REIKI LEVEL 1: PHYSICAL BODY AND AWARENESS

- What you'll learn: Introduction to Reiki, including its history, theory, and practice. You'll receive your Level 1 attunement, empowering you to channel Reiki energy. Focus is on self-healing and practicing with family or friends.
- Duration: 2 days (4.5 hours/day).

### REIKI LEVEL 2: SUBTLE BODY AND HEALING POWER

- What you'll learn: Deepen your practice with advanced techniques and gain access to three Reiki symbols, amplifying your ability to direct healing energy. This level also prepares you to treat others professionally.
- Duration: 2 days (4.5 hours/day).

### REIKI MASTER/TEACHER: ADVANCED HEALING AND TEACHING

- What you'll learn: Attunement to the Master symbol, advanced energy work, and techniques for teaching and initiating others. This level is perfect for those seeking mastery or personal growth. Teaching is optional.
- Duration:
  - 2 days (4.5 hours/day). For those who completed Level 2 with me.
  - 3 days (4.5 hours/day). Includes an additional review for external students.

EACH COURSE INCLUDES EVERYTHING YOU NEED TO BECOME A CERTIFIED REIKI PRACTITIONER. FROM ATTUNEMENTS TO COMPREHENSIVE MANUALS AND CERTIFICATION.







## PLAN YOUR REIKI JOURNEY

Whether you're starting your Reiki journey or advancing to Master/Teacher level, I offer courses designed to fit your schedule, location, and learning preferences. I aim to make Reiki accessible to everyone, regardless of where they are in their journey.

### GROUP SIZE & LOCATION:

Group Reiki trainings take place on selected dates throughout the year at my dedicated space in Porto Colom. Groups are kept intentionally small (2–8 participants) to ensure a supportive and personal learning atmosphere.

Private one-on-one trainings are available year-round, either at my place in Porto Colom or at a student's home, offering maximum flexibility to fit your needs. Online options are also available.

### ALL-INCLUSIVE PACKAGES:

For a retreat-style experience, I collaborate with the Barefoot Hotel Porto Colom, just a five-minute walk from my place. This partnership allows you to enjoy an all-inclusive Reiki package, combining your training with stylish accommodation and the calming energy of the Mediterranean Sea.

Contact me to book your spot in one of my upcoming courses or to arrange a private lesson tailored to your needs.



## COURSE DATES & PRICING 2025/2026

### GROUP COURSE DATES:

- November - Level 1: 8/9, Level 2: 10/11, Master/Teacher: 12/13-14
- December - Level 1: 6/7, Level 2: 8/9, Master/Teacher: 10/11-12
- March - Level 1: 7/8, Level 2: 9/10, Master/Teacher: 11/12-13
- April - Level 1: 4/5, Level 2: 6/7, Master/Teacher: 8/9-10
- May - Level 1: 16/17, Level 2: 18/19, Master/Teacher: 20/21-22
- July - Level 1: 4/5, Level 2: 6/7, Master/Teacher: 8/9-10
- August - Level 1: 8/9, Level 2: 10/11, Master/Teacher: 12/13-14
- November - Level 1: 7/8, Level 2: 9/10, Master/Teacher: 11/12-13
- December - Level 1: 5/6, Level 2: 7/8, Master/Teacher: 9/10-11

---

### PRICING OPTIONS:

- Level 1 (2 days): 300 €
- Level 2 (2 days): 400 €
- Master/Teacher (2 days): 700 €
- Master/Teacher (3 days): 1050 €
- One-on-one teachings are available for just €150 extra per course, offering full flexibility in time and location. Private lessons come with personalized guidance, tailored scheduling, and a complimentary Reiki session included.

20% Mallorca resident discount available



## WHAT MY STUDENTS SAY:



I did Reiki 1 and 2 with Betti as a private course. It was a really special experience. I look forward to one day returning to her for the Master certificate.

NICOLE EDEN



I am very grateful I found Betti and that she beautifully guided me through my Reiki Master training. Grateful for many fruitful discussions and the support from Betti during my journey.

CAMILLE MARTINEZ



Betti has a wonderful, loving nature and coupled with her knowledge, experience and professionalism, I found her to be the best place and way for me to learn Reiki.

MARTINA KUESTER

Curious to learn more?  
Visit [Google Maps](#) or [Facebook](#) to read more inspiring reviews!

# AMODINI

HEALING IS A MATTER OF TIME.  
BUT IT IS SOMETIMES ALSO A  
MATTER OF OPPORTUNITY.



[WWW.AMODINI-COACHING.COM](http://WWW.AMODINI-COACHING.COM)



[BETTINA@AMODINI-COACHING.COM](mailto:BETTINA@AMODINI-COACHING.COM)



+34 689154779



AMODINI\_COACHING



AMODINIMALLORCA