

AMODINI

# AWAKEN YOUR INNER HEALER

QUALIFIED REIKI CERTIFICATION COURSES

GROUP TRAININGS | PRIVATE TEACHINGS  
MALLORCA | ONLINE



# AMODINI



## **DISCOVER THE POWER OF REIKI**

A JOURNEY OF HEALING, BALANCE, AND TRANSFORMATION.

Reiki is a Japanese energy healing technique that supports the body's natural vitality. It works holistically, harmonizing the physical, emotional, mental, and spiritual levels. Its benefits include stress relief, better sleep, reduced pain, and a profound sense of well-being.

Reiki is not just a healing practice—it's a transformative journey of self-discovery. As you learn Reiki, you connect deeply with your inner self, unlocking new levels of balance, clarity, and energy. It provides a space for personal growth, allowing you to heal within and, eventually, extend that healing to others.

## **A PERSONAL JOURNEY OF HEALING AND TEACHING**

HOW REIKI TRANSFORMED MY LIFE AND INSPIRED ME TO GUIDE OTHERS.

I first encountered Reiki at 16, inspired by my best friend's mother. Years later, I embarked on my own learning journey, studying with teachers in India and around the world. Over the past decade, I've guided hundreds of clients and students on their Reiki path. Reiki is not just something I teach; it is an integral part of how I live my life and connect with others.

Reiki is deeply personal, and finding the right teacher is essential. I invite you to connect with me or my former students to ensure our energies align. Together, we can explore this transformative journey.

**BETTINA MAUL AKA. AMODINI**  
**REIKI MASTER & TEACHER**



## YOUR REIKI CERTIFICATION JOURNEY

Guiding you step-by-step into self-discovery and healing power. My teachings honor the authentic roots of Reiki while incorporating modern approaches to healing.

### REIKI LEVEL 1: PHYSICAL BODY AND AWARENESS

- What you'll learn: Introduction to Reiki, including its history, theory, and practice. You'll receive your Level 1 attunement, empowering you to channel Reiki energy. Focus is on self-healing and practicing with family or friends.
- Duration: 2 days (4.5 hours/day).

### REIKI LEVEL 2: SUBTLE BODY AND HEALING POWER

- What you'll learn: Deepen your practice with advanced techniques and gain access to three Reiki symbols, amplifying your ability to direct healing energy. This level also prepares you to treat others professionally.
- Duration: 2 days (4.5 hours/day).

### REIKI MASTER/TEACHER: ADVANCED HEALING AND TEACHING

- What you'll learn: Attunement to the Master symbol, advanced energy work, and techniques for teaching and initiating others. This level is perfect for those seeking mastery or personal growth. Teaching is optional.
- Duration:
  - 2 days (4.5 hours/day). For those who completed Level 2 with me.
  - 3 days (4.5 hours/day). Includes an additional review for external students.

EACH COURSE INCLUDES EVERYTHING YOU NEED TO BECOME A CERTIFIED REIKI PRACTITIONER, FROM ATTUNEMENTS TO COMPREHENSIVE MANUALS AND CERTIFICATION.



# THE BENEFITS OF CHOOSING YOUR REIKI PATH WITH ME

## EXPERIENCE AND EXPERTISE:

With over a decade of experience, I have trained with Reiki masters worldwide, integrating the authentic roots of Reiki with modern approaches to healing.

## PERSONALIZED APPROACH:

My courses provide hands-on practice, ensuring you feel confident by the end of your training. Every student is supported individually on their unique path. I provide ongoing support and guidance as you integrate Reiki into your life and practice.

## LEARNING FLEXIBILITY:

Choose the environment that suits you best: group sessions, one-on-one private lessons, or online options from anywhere in the world.

## MALLORCA'S UNIQUE EXPERIENCE:

Learning Reiki in Mallorca offers a peaceful, transformative experience. Combine the serenity of this beautiful island with the joy of personal growth.





## PLAN YOUR REIKI JOURNEY

Whether you're starting your Reiki journey or advancing to Master/Teacher level, I offer courses designed to fit your schedule, location, and learning preferences. I aim to make Reiki accessible to everyone, regardless of where they are in their journey.

### GROUP SIZE & LOCATIONS:

Group sizes are intentionally small, with 2–8 participants, to maximize personal attention and support. Group Reiki trainings are held on selected dates throughout the year, offering a supportive and inspiring environment to learn and grow. Private lessons are available year-round, either in person in Mallorca or online, providing the flexibility to fit your schedule.

In Mallorca, trainings are typically held at the tranquil Aumallia Hotel & Spa near Felanitx, where you can take advantage of an all-inclusive Reiki course package, including accommodation. For one-on-one teachings or during the winter season, courses can also take place at my private home.

### ALL-INCLUSIVE PACKAGES:

In collaboration with Aumallia Hotel & Spa I offer all-inclusive packages, including accommodation, for a truly immersive learning experience.

Contact me to book your spot in one of my upcoming courses or to arrange a private lesson tailored to your needs.





## COURSE DATES & PRICING 2025

### GROUP COURSE DATES 2025:

- March - Level 1: 15/16, Level 2: 17/18, Master/Teacher: 19/20-21
- May - Level 1: 10/11, Level 2: 12/13, Master/Teacher: 14/15-16
- July- Level 1: 5/6, Level 2: 7/8, Master/Teacher: 9/10-11
- September - Level 1: 20/21, Level 2: 22/23, Master/Teacher: 24/25-26
- November - Level 1: 8/9, Level 2: 10/11, Master/Teacher: 12/13-14
- December - Level 1: 6/7, Level 2: 8/9, Master/Teacher: 10/11-12

Private lessons come with personalized guidance, tailored scheduling, and a complimentary Reiki session included.

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### PRICING OPTIONS:

- Level 1 (2 days): 300 €
- Level 2 (2 days): 400 €
- Master/Teacher (2 days): 700 €
- Master/Teacher (3 days): 1050 €
- One-on-one teachings are available for just €150 extra per course, offering full flexibility in time and location.

20% Mallorca resident discount available

## WHAT MY STUDENTS SAY:



I did Reiki 1 and 2 with Betti as a private course. It was a really special experience. I look forward to one day returning to her for the Master certificate.

NICOLE EDEN



I am very grateful I found Betti and that she beautifully guided me through my Reiki Master training. Grateful for many fruitful discussions and the support from Betti during my journey.

CAMILLE MARTINEZ



Betti has a wonderful, loving nature and coupled with her knowledge, experience and professionalism, I found her to be the best place and way for me to learn Reiki.

MARTINA KUESTER

Curious to learn more?  
Visit [Google Maps](#) or [Facebook](#) to read more inspiring reviews!



# AMODINI

HEALING IS A MATTER OF TIME.  
BUT IT IS SOMETIMES ALSO A  
MATTER OF OPPORTUNITY.



[WWW.AMODINI-COACHING.COM](http://WWW.AMODINI-COACHING.COM)



[BETTINA@AMODINI-COACHING.COM](mailto:BETTINA@AMODINI-COACHING.COM)



+34 689154779



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